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THE INTERNATIONAL INSTITUTE FOR BIOENERGETIC ANALYSIS  
*NEWSLETTER*

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INTERNATIONAL ISSUE



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LETTER FROM THE PRESIDENT

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Dear Members,

It has been a busy year. I haven't written to you since last year. Despite the chaotic and troubling times we are currently living the IIBA remains stable and active. The last Board of Trustees (BoT) meeting was in March of this year in Lisbon. We had a very full meeting and accomplished a number of tasks. We have also had some virtual meetings using 'Zoom' which has been very helpful. I am happy to say that the BoT works well together and you have a group of dedicated individuals volunteering hours of

their time to support the workings of our organization and to the promotion of Bioenergetic Analysis in the world.

We were able to finalize the location of our next IIBA Conference in May of 2019. Pedro Ribeiro Da Silva and his committee worked for over a year to find a good hotel. Lisbon has become a popular place for tourism and so the task was more difficult than expected. We have a beautiful location on the ocean just outside of Lisbon. I invite you to go online to Hotel GolfMar in Maceira, Portugal to see the beautiful setting. The hotel suits



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Diana Guest

President, IIBA

[www.dianaguest.com](http://www.dianaguest.com)

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our needs and the prices are very reasonable.

Nina Schubert, our IIBA administrator, has been and will continue to send lots of information regarding the conference, so look for her emails. Additionally, the Scientific Committee (Rosaria Filoni, chair, Paola Bacigalupo, Miriam Mantau, Michael Brennan, Danita Hall, Margit Koemeda and Garry Cockburn) have organized a great program with the theme of "A Bioenergetic View of Love, Healing, Connection and Authenticity". We have two pre-conference workshops as well as the training days we began last conference. Be sure to catch the early bird prices.

One of the reasons this newsletter has been delayed is because we also have been working hard on the new website and it is almost ready to launch, which we hope will be in September! We have been updating much of the text, making it more alive, current, showing more of our multicultural community, and making it much more user-friendly. A big thanks to Ingrid Cryns, Janet Pinneau and Claude Thovex, our webmaster, for our teamwork in creating the new website.

Be sure to check out the IIBA awards applications. There are three categories: Clinical, Research, and Social Projects.

The winner of each category will have their conference fee waived and receive \$500 for their project. The information is on the website.

The next PDW is from Oct. 19-23, 2018 and we have limited space so register now! The theme is Shame. The PDW is always a very rich experience.

Also, check out the IIBA facebook- IIBA(Institute for Bioenergetic Analysis) and Instagram page-@bionergeticanalysis. Please go to these pages and follow us. Additionally, we have videos on YouTube at IIBA Bioenergetic Analysis. We have 93 subscribers and we need 100 to create our own IIBA channel. So please subscribe!

Send any pictures or videos you would like posted about events in your society to Nina at [iiba.spain@bioenergeticanalysis.com](mailto:iiba.spain@bioenergeticanalysis.com).

We want to show the world what is happening in our community as well as showing each other.

Lastly, you may also notice that there have been some subtle changes to the IIBA logo. We did our best to update it without losing our history and known identity.

So you can see we have been active and working on your behalf. To those in the northern hemisphere I wish you a wonderful summer and to those in the southern hemisphere, I wish you a pleasant winter.

Warm greetings,

A handwritten signature in black ink that reads "Diana Guest". The script is cursive and fluid.

Diana Guest  
President, IIBA Board of Trustees

## I I B A B O A R D

### YOUR 2018 BOARD OF TRUSTEES

We are (from left to right) Paola Bacigalupo, Jayme Panerai, Rosaria Filoni, Scott Baum, Diana Guest, Rick Spletter, Ana Lucia Faria, Josette Van Luytelaar, Nina Schubert (Admin), Michael Brennan, Cristina Piauhy & Anja Van Der Schriek-Junker.



## S O C I E T Y R E P O R T S

### AUSTRIAN SOCIETY, DÖK

The Austrian Society (Österreichische Gesellschaft für körperbezogene Psychotherapie - Bioenergetische Analyse DÖK) will celebrate its 40th anniversary on September 15, 2018.

**DÖK CONFERENCE** September 27-29, 2019  
Stretching the bow - working with feelings in the bioenergetic analysis. Now. Between life, love, illness, and death. For beginners and advanced.

Information and registration:  
[tagung@bioenergetische-analyse.org](mailto:tagung@bioenergetische-analyse.org)

**Body language: Body Awareness as a Resource.** With Dominik Pesendorer & Christine Pechtl. Sept 20-22, 2018

**Holistic: The body in psychotherapy - an introduction.** With Joachim Nagele & Christine Pechtl. Sept 27-29, 2018

**Early childhood: The first years of life under a character - analytical view.** With Eva Kammerer-Pinck & Maria Weinknecht. Oct 12-14, 2018

Corinna Volonte Van Gils  
[volonte-vangils@posteo.de](mailto:volonte-vangils@posteo.de) -  
[www.bioenergetische-analyse.org/veranstaltung/](http://www.bioenergetische-analyse.org/veranstaltung/)

### COLOGNE, GERMANY KIBA

We managed to set up a new training group in Cologne with 6 women and 5 men, and in the first group to continue with 9 candidates into the third year.

We are also in the process of setting up KIBA, Kölner Institut for Bioenergetic Analysis with Konni Oelmann as the director and with the IIBA trainers Vita , Anja, Wera, including therapists and supervisors from NIBA, SCfBA and organized by Medius Rheinland under the director Mechtild Kraan, CBT.

The candidates until now were members-at-large and soon will be organized under the roof of KIBA! We are working also on a website and local faculty with Brigitte Merkel and Rolf Grosserüschkamp.

For the setting up a third group we are again organizing 1) information evenings for interested professionals and 2) workshops to get to know the BEA.



## SOCIETY REPORTS

### COLOGNE, GERMANY KIBA....CONT'D

New people in the region are already interested and we hope to have members of the groups as participants in Lisbon for the Conference

Konrad Oelmann  
konrad.oelmann@t-online.de

### BELGIAN SOCIETY, SOBAB

Intelligence of the body Bioenergetic analysis: Un savoir ancien - un nouveau paradigme

6 and 7 October 2018  
Days Francophones of Bioenergetic Analysis

Organized by the Belgian Analysis Bioenergetics (SOBAB)

Location: Jacques Brel Youth Hostel - Rue de la Sablonnière 30 - 1000 Brussels

Ariane Vilain  
a.v@skynet.be - www.sobab.org

#### Intelligence du corps Analyse Bioénergétique

Un savoir ancien - un nouveau paradigme



6 et 7 octobre 2018

### ITALY, SIAB

The theme of the recent SIAB Conference (on June 1 - 3, 2018) in Sicily was called:

"The Unexpected Guest: Shame and Body." We had the pleasure to have Janina Fisher, from the Trauma Centre (founded by Bessel van der Kolk), in Oakland, California, USA, as our keynote guest

We had 280 participants who were present at the event. We were so delighted that Janina noticed the great involvement of young members in the program. She mentioned that it is very difficult in the Trauma Center to have a generational change of this kind. This has made us very proud because all this is the result of the effort that SIAB has been doing in this direction in recent years

Our intent was to 1) to consolidate relationships with other similar approaches on subjects that are of interest to us, especially with authors dealing with the trauma. As well as 2) to show our members, even the youngest, who trustfully look at other approaches, that indeed our tradition is so rich that we have nothing new to "learn"!

The next SIAB conference in 2019 will be in Fiuggi (a place near Rome) on the subject "Back to Basics. The treasure of BA techniques from a relational perspective".

It will sure represent an opportunity to have a deep dialogue on our clinical work and on the body techniques that both represent our legacy.

Patrizia Moselli  
mail@siab-online.it - www.siab-online.it

### RUSSIA BA COMMUNITY

With some CBTs and other trainees we have created an initiative group aimed at the creation of a unified Russian Bioenergetic Society. This project has recently received a grant from the IIBA. Since we are planning an interdisciplinary international festival in 2019 in Moscow we really need your support!

## SOCIETY REPORTS



### RUSSIA ... CONT'D

We, the active members of both local Societies in Russia, realized the need to create a unified Russian community for our own support and development of Bioenergetic Analysis in Russia.

Our first Project is a joint information portal (website - see link below). On the one hand, it is designed to create a professional platform for all certified therapists and trainees in Bioenergetic Analysis in Russia, performing information functions and strengthening our contacts with the world of IIBA. On the other hand, it is an opportunity to unite people and to accumulate our efforts in joint work, and also to attract new participants.

In 2019 we are planning an interdisciplinary international festival for Bioenergetic Analysis in order to develop it in Russia and spread it among other psychotherapeutical schools.

The initiative team was formed several months ago. And in fact, the Russian society of Bioenergetic Analysis is at the stage of birth. This project is very important for us, since Russia is a new territory, our societies are still very young, and we must solve our problems together in the process of self-organization.

Alexey Ezhkov  
alex@dusk.ru - [www.ba-community.ru](http://www.ba-community.ru)

### NEW YORK, NY, USA NYSBA

Our trainees are now entering their fourth year of training and we feel very fortunate and proud to have such a talented and committed group of trainees!

In our professional series, we offered a workshop called; 'Body Stories: How Your Shape and Form Expresses Who You Are'. It was well attended and well received. We will be continuing professional workshops in that same vein next year as we gather folks for a new training group we hope to begin in Fall of 2019.

Additionally, we offered 1-day experiential workshops that gathered so much interest that we had a waiting list of participants!

And we are pleased to announce that our very own Paola Alessio is now a supervisor.

Danita Hall  
danitahall@me.com

[www.bioenergetics-nyc.org](http://www.bioenergetics-nyc.org)

### BOSTON, MA, USA MSBA

We are very pleased to announce that the MSBA and the Atlantic Canada Society will be starting a training group in October as well. The training will be held over 5 extended weekends (Thursday - Sunday) during the year. It is held in Gloucester, MA, with some housing available on site, making it suitable for people to travel from a distance in order to attend. We encourage you to send potential trainees our way! (Registration for the Fall Conference is separate, but required.)

We are currently accepting applications at [www.massbioenergetics.org/training](http://www.massbioenergetics.org/training)

## SOCIETY REPORTS



### BOSTON, MA, USA MSBA ... CONT'D

Training Dates:

Oct 31 - Nov 4, 2018 (Fall conference in Essex)

Dec 6 - 9, 2018

Jan 31 - Feb 3, 2019

March 28 - 31, 2019

May 16 - 19, 2019

The MSBA will be hosting our 7th Annual Fall Conference at the Essex Woods Retreat Center October 31- Nov 4, 2018. The title for this conference is 'Embodying Wholeness: The Healing Power of Emotions'. We are thrilled to welcome Violane DeClerk, CBT, from Belgian as our advanced group leader and keynote speaker. Susan Kanor, of the Mass Society, will also give a keynote talk on the topic of Bioenergetics and the aging process.

As always, the Essex Woods is a charming setting for diving into deep work as well as for relaxing. We encourage you to invite clients and other professionals to join us. We have paper brochures which we can send if you let us know!

Sarah Putnam  
sarahputnam@netscape.com

[www.massbioenergetics.org](http://www.massbioenergetics.org)

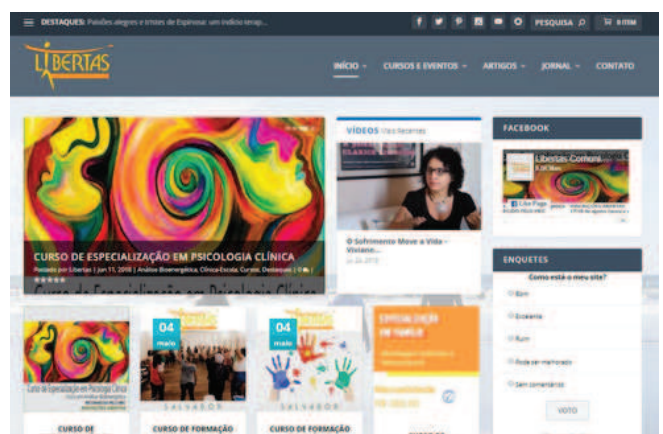
### NORTH EAST BRAZIL AABNB/LIBERTAS

The Libertas is a teaching and research society whose basic orientation constitutes an ongoing development of bioenergetic analysis and social exchange knowledge.

Libertas develops activities in the areas of Education, Organization, Clinical as well as a unique Social outreach, which extends the work of psychotherapy to the community by offering poor people the opportunity to be assisted with a cost according to their socio-economic and financial situation. The social area also develops organizational work for social institutions as well as promotes free lectures on various topics in the areas of health, organizational and educational.

Viviane de Barros Correia Oliveira  
vivianebarros@hotmail.com

AABNB Association of Bioenergetic Analysis of the Brazilian Northeast  
[www.libertas.com.br](http://www.libertas.com.br)



# INVITATIONS

## 25TH IIBA INTERNATIONAL CONFERENCE THE BIOENERGETIC VIEW OF LOVE, HEALING, CONNECTION & AUTHENTICITY MAY 22 - 26, 2019 TORRES VEDRAS, PORTUGAL

How is it that Bioenergetic Analysis can provide the riches revealed by the words love, authenticity, connection and healing?

Alexander Lowen defined and wrote about these riches in his many books.

Many other colleagues developed his work by integrating it with the new knowledge from affective neuroscience and theory.

In this IIBA Conference, we highlight modern theories of social cognition and development, and theories of social engagement and moral development.



More information:

Where: Torres Vedras (Portugal)

Conference: May 22 - 26, 2019


Preconference: May 22, 2019

Training Days: May 21 - 22, 2019

*See you there!*



Web [www.iiba-conference.org](http://www.iiba-conference.org) • [✉ iiba.spain@bioenergeticanalysis.com](mailto:iiba.spain@bioenergeticanalysis.com)

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# INVITATIONS

## PROFESSIONAL DEVELOPMENT WORKSHOP SHAME

This PDW will address how, as a clinician, we work with shame, how we may get caught in our own shame while working with our clients and how to maintain or repair the connection that shame disrupts.



Track 1 with **Rebeca Lea Berger**  
For trainees who have completed at least 3 years of training and those who are not yet certified Bioenergetic Therapists.



Track 2 with **Alex Munroe**  
For CBTs who would like to become a supervisor.



Track 3 with **Diana Guest**  
For those members who are applying to be International Faculty Members.


To the person who suffers shame, the world is full of eyes, crowded with things and people that can see. Bewitching eyes watch every moment and moment of self. The core Of agony in shame is this element of exposure. One is visible and not ready to be seen, looking and not ready to see. There is a constant, excruciating feeling in shame of being looked at while hoping the ground beneath your feet will open and swallow you up. (Mary Y. Ayers, Ph.D.)

Shame resides in the dark recesses of our psyches. It restricts the flow of energy in our bodies and deadens the spirit. Shame inhibits us from contact with others. Rage makes active our inner helplessness and shame. Expressing rage moves energy out, freeing, temporarily, built up tension. Rage feels powerful and protects us from feeling the shame within. However, the cycle of shame and rage will again be put into process if the underlying shame is not acknowledged and addressed.

The PDW is an unique occasion for all participants to practice and to learn more as they are supervised in their clinical work, to share with colleagues from many different places, to attend theoretical presentations and to be supported and helped in their professional development in a safe, secure and empathetic atmosphere.




# Register now!

 More information

When: October 19 - 23, 2018  
Where: CTL - Rua Alves Ribeiro - 41.635-540  
Salvador (Brazil)



Web [www.bioenergetic-therapy.com](http://www.bioenergetic-therapy.com) • [iiba.spain@bioenergeticanalysis.com](mailto:iiba.spain@bioenergeticanalysis.com)

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# C O N G R A T U L A T I O N S

## ... TO THE NEWEST KNOWN CBTS

- Barbara Lilleyman from USA
- Maria José Baião Parreira da Silva from Portugal
- Valerie Anderson from Canada
- Zuo Yi (Susy), Guo Mao (Mira) & Liu Jianpu (Rebecca) from China



## ... TO OUR LOCAL AFFILIATED SOCIETIES



The Brazilian Social Health System officially recognized Bioenergetic Exercises like one of the integrative and complementary practices. This is a big accomplishment for our growing community of Bioenergetic Analysis.

Brazil is a country where Bioenergetic Analysis has flourished in such a beautiful way since it was first brought to this country many years ago.



Schweizerische Gesellschaft für Bioenergetische Analyse und Therapie (SGBAT)

SGBAT have been passed successfully an audit of 2 days by 3 experts and 1 delegate from the governmental accreditation body. 18 people representing the SGBAT society and curriculum for professional trainings in body psychotherapy – bioenergetic analysis were present and participating in several of 8 exam sessions.

## NEW BOOK:

### Encounters of the Middle Kingdom by Ulrich Sollmann

This book (in German only), shows how Chinese feel, how they behave, how they relate to each other, how they solve conflicts, how they experience themselves and how they make business. It defines typical patterns of experience, behaviour and impact. This is illustrated by practical examples. This of course is related and explained via the Chinese culture and tradition.

A main focus is the verbal and nonverbal communication in China. The psychological view on people in China offers the chance to understand better the main aspects of social change in China.



The author integrates his own experience as an emotional echo and resonance. He offers a transcultural role model: how to experience and to react in a strange culture like China.

Ulrich Sollmann, Bochum, Counselor/ Coach, Body - Psychotherapist and Author, is occupied with China for many years and for mostly professional causes, visits three times a year in China since 2012.

sollmann@sollmann-online.de  
www.sollmann-online.de

ISBN-13: 978-3-8379-2547-0  
More information

# EDITORIAL CONCLUSION



Ingrid Cryns

RP, CBT, Toronto, Canada

[www.buildingsoul.ca](http://www.buildingsoul.ca)

## EDITOR'S LAST WORD

I am honoured to be the new Editor of the IIBA Newsletter. As many of you are aware, the growing need for Bioenergetics in the world is more important than ever. These are incredibly turbulent times for many of us and at the same time, there is a great opportunity for growth and change through the apparent chaos surrounding many of us.

Please continue to send me more news from your communities so that we can continue to improve our inter-dependent communication with each other, worldwide! "Keep Calm and Carry Bioenergetics On!"

Ingrid Cryns, IIBA Newsletter Editor

Do you have any question, ideas or feedback?  
Please get in touch with us via [iiba.spain@bioenergeticanalysis.com](mailto:iiba.spain@bioenergeticanalysis.com)

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