

BIOENERGETIC ANALYSIS

*is an adventure
in self-discovery*



IIBA

INTERNATIONAL INSTITUTE FOR
BIOENERGETIC ANALYSIS

Version V06_01 – November 2024

BOOKLET

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Welcome!

On behalf of the IIBA Board of Trustees (BoT), I extend our heartfelt gratitude for your continued support by paying the 2025 membership dues. Your commitment to our community is invaluable, and I am pleased to confirm that your payment has been processed. You should have received the corresponding receipt, either directly or through your local society.

As we look forward to 2025, I invite you to explore the many ways you can engage with the IIBA beyond our emails and events. Your involvement can take many forms, such as:

<u>Joining a committee</u>	<u>Contributing to our knowledge library</u>	<u>Writing for our Clinical Journal</u>	<u>Sharing your story</u>
			
Bring your expertise and enthusiasm to one of our committees and help shape the future of bioenergetic analysis.	Share your insights by submitting articles and enriching our collective resources.	Provide valuable perspectives to our community by sharing your experiences and research.	Inspire others by stepping up to share your journey and accomplishments.

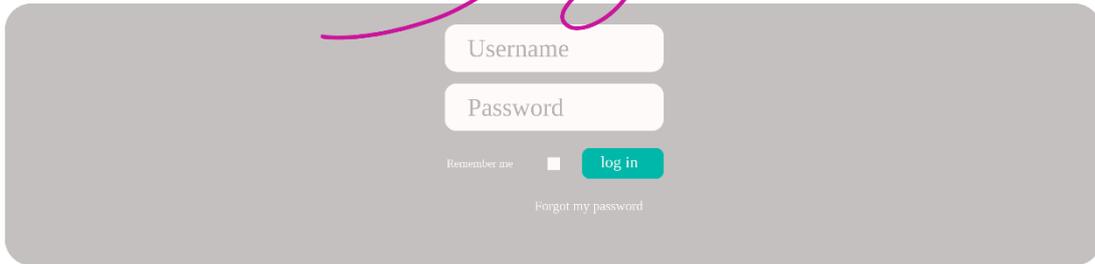
We believe that your active participation can significantly enhance our collective learning and growth. Should you have any inquiries or wish to learn more about how you can get involved, please do not hesitate to contact us. IIBA's president, Léia Cardenuto, the BoT, and I are always here to assist you and would be delighted to connect via email or a call.

Thank you for being a vital part of our community for another year. I eagerly anticipate connecting with you online or in person in the coming year!

Warm regards,

Nina Schubert | IIBA Back-Office

My IIBA

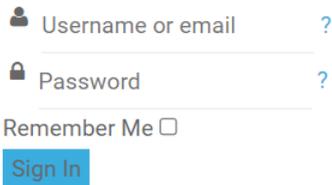


A screenshot of the My IIBA login interface. It features a grey background with a white rounded rectangle containing the following elements: a 'Username' input field, a 'Password' input field, a 'Remember me' checkbox, a 'log in' button, and a 'Forgot my password' link.

Please log in [MyIIBA!](#)

Please log in and find out more about our [meetings](#), [committees](#), [functioning](#), [internal documents](#) and more.

1. Go to our website: <https://bioenergetic-therapy.com>
2. Look in the menu for [My IIBA](#) and click on [My IIBA](#).
3. Log in with your user and password.



A screenshot of the My IIBA login form. It shows a 'Username or email' input field with a user icon and a question mark, a 'Password' input field with a lock icon and a question mark, a 'Remember Me' checkbox, and a 'Sign In' button.

4. Please accept our Privacy Policy.

If you want to change your password, go to My IIBA | My Account | Update my Account | Select the tab "Website User Info" | Enter your new (& current) password & click on "upload".

ABOUT US



The Institute for Bioenergetic Analysis (IBA) was founded in 1956, in New York City, USA, by Alexander Lowen and two other students of Reich, John Pierrakos and William Walling.

In 1976, facing the international expansion of Bioenergetic Analysis and a growing demand in psychotherapist's trainings, Alexander Lowen turned the IBA into the International Institute for Bioenergetic Analysis (IIBA).

Since 1996, we are a global professional non-profit organization dedicated to the support and encouragement of our members in their work as Bioenergetic Therapists.

Since 2011, the IIBA has been registered in the Register of Associations of the Government of Catalonia (Spain).

Learn about the history of Bioenergetic Analysis ...



STRATEGY, VISION & MISSION



Strategy

The International Institute for Bioenergetic Analysis (IIBA) is a non-profit organization dedicated to the support and encouragement of its members in their work as Bioenergetic Therapists.

Through that work Bioenergetic Analysis develops and grows.

Vision

The support the IIBA provides its members enables them to develop their capacities as Bioenergetic Therapists fully with the aim of understanding the causes of, and the alleviation of human suffering.

The success of this mission depends on our ability to be grounded in reality, to encourage and nurture open discussion and communication, and to examine and evaluate our beliefs and their manifestation in how we conduct ourselves as people, as therapists, and as members of the organization.

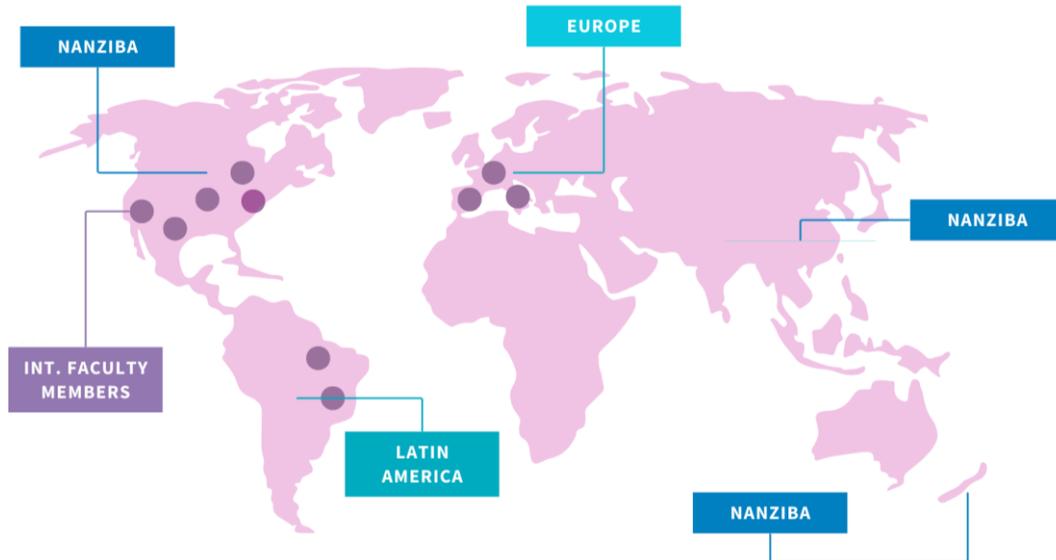
Mission

The mission of the IIBA is to plan and execute activities which support and encourage the development of its members as Bioenergetic Therapists, and the development and growth of Bioenergetic Analysis.



For more details, please read our [Strategic Plan ...](#)

WHERE WE ARE ...



Europe

Austria

DÖK • ÖSTERREICHISCHE
GESELLSCHAFT FÜR
KÖRPERBEZOGENE
PSYCHOTHERAPIE -
BIOENERGETISCHE ANALYSE
Wien • @ ausbildung@bioenergetische-analyse.org •
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Belgium

SOBAB • SOCIÉTÉ BELGE D'ANALYSE
BIOENERGÉTIQUE
Bruxelles • @ beniche@hotmail.com •
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Belgium

SOBAB • SOMAVIBRANCE SOBAB
TRAINING CENTER
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France & Réunion

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<https://cfab.info>



France

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BIOENERGÉTIQUE FRANCE SUD
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France

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Germany

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Berlin •
@ gba-ev@web.de • <https://gba-bioenergetik.de>



Germany

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Germany

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Israel

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Italy

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FORMAZIONE IN ANALISI
BIOENERGETICA
Roma •
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Italy

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Lithuania

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Norway

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Poland

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Russia

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Russia

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Spain

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Spain

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Spain

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Switzerland

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European Federation

EFBA-P • EUROPEAN FEDERATION
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Nanziba (including North America, China & New Zealand)

Canada

ACSBA • ATLANTIC CANADA SOCIETY FOR BIOENERGETIC ANALYSIS
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Canada

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Toronto • @
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Canada

SOSBA • SOUTHERN ONTARIO SOCIETY FOR BIOENERGETIC ANALYSIS
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China

CHINA TRAINING GROUP
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New Zealand

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USA

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USA

DSBA • DALLAS SOCIETY FOR BIOENERGETIC ANALYSIS
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USA

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USA

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USA

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Federation of Nanziba

NANZIBA • NORTH AMERICA & NEW ZEALAND INSTITUTES FOR BIOENERGETIC ANALYSIS
<https://nanziba.com>



Latin America

Argentina

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Brazil

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Brazil

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Brazil

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Brazil

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Brazil

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Colombia

COLOMBIA TRAINING GROUP
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Federation of Latin America

FLAAB • FEDERAÇÃO LATINO AMERICANA DE ANÁLISE BIOENERGÉTICA
<https://analisebioenergetica.com>



International Faculty

To maintain the Faculty's crucial role as the IIBA transitioned to a membership-driven organization, the Union of International Faculty Members has 'region' status, placing it on equal footing with local geographic regions (Europe, Nanziba and Latin America).

Today, the International Faculty - comprising 40 dedicated and highly skilled educators - plays a central role in advancing the IIBA's mission by developing new theories and methods in Bioenergetic Analysis.



VIOLAINE DE CLERCK



GUY TONELLA



MARYSE DOESS



ANJA VAN DER SCHRIECK-JUNKER



HEINER STECKEL



JÖRG CLAUER



KONRAD OELMANN



THOMAS HEINRICH



VITA HEINRICH-CLAUER



WERA FAUSER



ANAT GIHON



Yael HAREL



PATRIZIA MOSELLI



FINA PLA I VILA



MARGIT LUTZ-KOEMEDA



ALEX MUNROE



LOUISE FRÉCHETTE



ANGELA KLOPSTECH



BARBARA E. DAVIS



DANITA HALL



DIANA GUEST



GARET BEDROSIAN



HELEN RESNECK-SANNES



JANET PINNEAU



LAURIE URE



RICK SPLETTER



ROBERT COFFMAN



SCOTT BAUM



SUSAN KANOR



ANA LÚCIA FÁRIA



ANA SILVIA PAULA



EULINA RIBEIRO



GRACE WANDERLEY



JAYME PANERAI



LIANE ZINK



CRISTINA PIAUHY



MYRIAN DE CAMPOS



ODILA WEIGAND



PÉRISSON DANTAS



REBECA BERGER

GET INVOLVED!



Leadership is a responsibility we all share.

It's our turn to take the wheel and ensure the well-being of the IIBA. To drive us forward, we need everyone to step up and lead.

The IIBA thrives when each of us takes ownership and responsibility for the power we hold as members.

We invite you to become a candidate for leadership and actively participate in shaping our future.

There are numerous ways to contribute to IIBA activities, with volunteer opportunities that match a wide range of interests, skills, and goals.

Find the perfect opportunity for you and join us in making a difference. Together, we can create a vibrant and successful IIBA community.

Your engagement
matters.

Let's lead the way!



Our committees



Executive Committee (EC) & Board of Trustees (BoT)



The **EC** is to execute the policies of the IIBA. The EC manages the current business of the organization in accordance with the Mission Statement and Goals of the organization as defined by the BoT. These include, among other things, making decisions on:

- current business.
- appointing Chairs of Committees and Working Groups and appointing coordinators for specific tasks.
- keeping in contact with the IIBA International Faculty and overseeing teaching activities.
- presenting a yearly budget and yearly report on the financial situation of the IIBA to the membership.
- overseeing the organization of the International Conferences.
- officially representing the IIBA outside the organization.



The **BoT** is dedicated to fostering a model of organizational self-governance. The IIBA provides a supportive environment where members can cultivate a strong connection to a global bioenergetic center, representing the interests of members worldwide, while also engaging in local autonomous organizations. This dual commitment ensures that our community remains both united in purpose and diverse in its local expressions.

This is what members have asked for, and the BoT has tried to model this way of relating to each other organizationally, with respect for the affiliated societies and federations, with an awareness of the interests of those members who have no local or regional affiliation, and with a guiding commitment to the interests and welfare of all the members.

This part of the organizational mission is advanced by the IIBA acting to coordinate the activities of bioenergetic groups worldwide.

This includes developing means of communication between affiliated societies, regional groups, and between members that enhance information and knowledge sharing, and thereby enhance members' competence.

Representatives to the BoT from Europe



Representatives to the BoT from Nanziba



Representatives to the BoT from Latin America



Representative to the BoT from the International Faculty



EC

- President of the IIBA: Léia Maria de M. Cardenuto (Vila Madalena, Brazil)
- Vice-President: Janet Pinneau (from Northridge CA, USA)
- Secretary & Treasurer: Vita Heinrich-Clauer (from Osnabrück, Germany)

Representatives to the BoT for Europe

- Patrizia Moselli (from Rome, Italy) ✉ mail@siab-online.it - Term 2, Year 2 (re-elected in 12/2022, 2nd term will finish in 03/2026)
- Vita Heinrich-Clauer (from Osnabrück, Germany) ✉ vitah134@gmail.com - Term 2, Year 2 (re-elected in 12/2022, 2nd term will finish in 03/2026)
- Yael Harel (from Moshav Bet-Halevi, Israel) ✉ yaharel@gmail.com - Term 2, Year 2 (re-elected in 12/2012, 2nd term will finish in 03/2026)
- Manuela Tremante (from Rome, Italy) ✉ manuelatremante@tiscali.it - Term 2, Year 1 (re-elected in 12/2023, 2nd term will finish in 03/2027)

Representatives to the BoT for NANZIBA

- Janet Pinneau (from Northridge, USA) ✉ janet.pinneau@att.net - Term 2, Year 1 (proclaimed in 11/2022, 2nd term will finish in 03/2026)
- Paola Alessio (from New York, USA) ✉ paolalessio@gmail.com - Term 2, Year 2 (proclaimed in 11/2022, 2nd term will finish in 03/2026)
- James Elniski (from Santa Fe, USA) ✉ jelnis@artic.edu - Interim Officer Representative serves until 03/2026.

Representatives to the BoT for Latin America

- Léia Maria de Mora Cardenuto (from Vila Madalena, Brazil) ✉ leiacardenuto52@gmail.com - Term 2, Year 2 (proclaimed in 11/2022, 2nd term will finish in 03/2026)
- Ana Lúcia Faria (from Vila Madalena SP, Brazil) ✉ luciafariapsi@yahoo.com.br - Term 1, Year 2 (proclaimed in 11/2022, 1st term will finish in 03/2026, possibility of being re-elected in 12/2025)
- Marília Araujo de Vasconcelos Leite (from Lagoa Nova Natal RN, Brazil) ✉

marilia_leite03@hotmail.com - Term 1,
Year 1 (elected in 12/2023, 1st term will
finish in 03/2027, possibility of being re-
elected in 12/2026)

2 (proclaimed in 11/2022, 1st term will
finish in 03/2026, possibility of being re-
elected in 12/2025)

**Representative to the BoT for the
International Faculty**

- Anat Gihon (from Mevasseret-Zion, Israel)
✉ anatgihon@gmail.com – Term 1, Year



All documents related to the BoT and EC meetings can be found in

MyIIBA: Minutes

[By-Laws](#) | [Strategic Plan](#) | [Finances and more ...](#)

Teaching Committee



They are responsible to recommend policy and procedure to the BoT.

The Teaching Committee is currently reviewing our guidelines for becoming a Certified Bioenergetic Therapist, Supervisor, and Local Faculty Member.

The TC also handles the application and nomination for Mature Society status and is the organizer of our [webinar series](#).



Watch our Webinars ...

The Teaching Committee (TC) oversees issues related to teaching and training programs.

Members of the Teaching Committee 2024



Patrizia Moselli (Chair) | Jörg Clauer | Maria Rosaria Filoni | Garry Cockburn | Louise Fréchette | Ana Lúcia Faria | Liane Zink | Miriam Bergamini Mantau



Documents from the TC can be found in [MyIIBA:](#)

[Certification Guidelines \(under review\)](#) | [Roles and Responsibilities Teaching Committee \(under review\)](#) | [Guidelines for affiliated societies to appoint Local Faculty \(under review\)](#) | [Recognition as mature society & request for Local Faculty to teach 50 % of a formal training program](#)

Faculty Committee



The Faculty Committee fosters a sense of community amongst International Faculty Members and they lend support to committees established by the International Faculty and for the tasks that the International Faculty has taken on.

They represent and speak on behalf of the International Faculty to other IIBA committees.

And last but not least, the Faculty Committee supports the teaching function in the IIBA and plan all International Faculty meetings on the IIBA level.

The Faculty Committee services as hub for an efficient and effective communication between International Faculty Members.

Members of the Faculty Committee 2024



Thomas Heinrich (Chair) | Danita Hall | Diana Guest | Ana Lúcia Faria | Périssou Dantas Do Nascimento

Selection Committee & PDW Committee



The Selection & PDW Committee is responsible for the handling of International Faculty applications, process of evaluation, and nomination.

They make recommendations to the EC after completing a review of all materials received for an applicant. (The final decision will be approved by the EC, on behalf of the BoT.)

Members of the Selection Committee & PDW Committee 2024



Alex Munroe | Fina Pla i Vila | Ana Silvia Paula

(New committee members will be joining over the coming weeks and months. The new committee will be formally established in the last quarter of 2024.)



A couple of documents from the Selection & PDW Committee can be found in [MyIIBA:](#)

[Application to become an International Faculty](#) | [PDW Organizational Steps \(under review\)](#)

PDW Committee

The PDW Committee plans the biennial Professional Development workshop (PDW) and decides on the venue, International Faculty Trainers, program and other logistics.

They follow the policies and procedures of “Organizing a PDW Guidelines”.

They also suggest changes to the policies and procedures that enable the SC-PDW Committee to carry out the wishes of the International Faculty. (Discussed and approved or modified at an International Faculty meeting.)

Members of the PDW Committee 2024



Alex Munroe (Chair) | Dariusz Zawrzykraj | Miriam Bergamini Mantau

(The PDW Committee 2024 has completed its term. We are now preparing to form the PDW Committee 2026, which will be responsible for organizing the PDW 2026 in Latin America.)



The PDW rotates continents in the same manner as the International IIBA Conference. The PDW is held on the years opposite the International IIBA Conference.

Curriculum Working Group



The Curriculum Working Group is related to the Teaching Committee and the Faculty Committee.

It is in charge of initiating the Curriculum revision by presenting a first draft to the International Faculty and carrying out the integration of International Faculty input.

(After this phase, the group works within the Teaching Committee to present a version including the membership input to the BoT.)

Members of the Curriculum Working Group 2024



Jörg Clauer | Violaine de Clerck | Guy Tonella | Odila Weigand



The Curriculum can be found in [MyIIBA:](#)

[Abstract of the Training Curriculum](#) | [Training Curriculum](#) | [Core Curriculum 2019](#)

Editorial Board of the Clinical Journal



The Editorial Board takes care of our Clinical Journal of the International Institute for Bioenergetic Analysis.



Our e-library allows us to spread the knowledge of Bioenergetic Analysis throughout the world and all its articles can be integrated into professional and scientific databases (through “DOI”).

Submit your article for the next **Clinical Journal**: For submission, please email text, figures and tables to the Chief Editor. For the next edition this is Rosaria Filoni. Her email is: mariarosaria.filoni@fastwebnet.it ([Read more ...](#))

Get involved as Reviewer! The Editorial Board is also looking for more reviewers who can help with evaluating articles sent in. If you want to get involved as an evaluator for our Clinical Journal, please get in contact with our Editorial Board.

Members of the Editorial Board 2024



Rosaria Filoni (Chair) | Josette Van Luytelaar | Thomas Fellmann | Yael Harel | Homayoun Shahri

Ethic Consulting Group



The IIBA is committed to maintaining high ethical standards in all of its roles and functions. The role of the Ethical Consulting Group is not for judging or valuing any ethical cases. The Ethical Consulting Group acts as an “Advisory Committee”, promotes open dialogue about ethics and assists the local societies with any ethical issue.



By becoming a member of the IIBA, you automatically sign up to the [IIBA Code of Ethics](#).

You show your commitment to working in the public interest - you accept your professional duty. It's the very foundation of our profession, built upon every day by the competence, integrity and diversity of our modality of psychotherapy.

**As practitioners of Bioenergetic Analysis,
we are committed to doing what is right and honorable.**

Members of the Ethic Consulting Group 2024



Yael Harel | Paola Alessio



Our Code of Ethics can be found in [MyIIBA: Code of Ethics](#)

Research Committee

They ensure smooth functioning and effective management of research activities in the IIBA. They promote production and scientific culture by incentive scheme.



The Research Committee creates an environment conducive to the promotion of research activities.

We anticipate that this committee will be operational in a couple of months, bringing new ideas and innovations to our community.

We need members with academic and research backgrounds to join our research committee.

***Your expertise
will be
instrumental in
advancing our
initiatives!***

Members of the Research Committee 2024



Sara Invitto | Margit Koemeda-Lutz (Consultant) | Vita Heinrich-Clauer (Consultant)

(The Research Committee is currently being re-established. With the assistance of Board of Trustees representatives, efforts are underway to identify and invite additional members to the committee. We anticipate sharing more updates on the next steps soon.)

Newsletter Committee



All our active members are invited to share their articles, news, stories, event highlights, or any other relevant content that they believe will resonate with our members.

We are very much open to new ideas or suggestions regarding the contents of the newsletter and inputs are more than welcome!

Read the latest
Newsletter here ...

Submission Guidelines:

- ✓ | **Article Length:** Please keep articles short (up to 200 words) and include links (URLs) to additional information.
- ✓ | **Pictures:** A picture is worth a thousand words. Please include pictures in your submission.
- ✓ | **Deadline:** See mailings.

Members of the Newsletter Committee 2024



Angelina Sarmatova | Linda Hines | Cláudia Maria Carrara Lélis | Nadezhda Artemeva

Social Media Committee



The Social Media Committee on global storytelling that gets the message of

Bioenergetic Analysis across (reach our audience).

The Social Media Committee has collaborated with an external expert to develop a comprehensive strategy, guidelines, and best practice recommendations.

We are now in the implementation phase and ...

... we are seeking
additional members to

join us
in this exciting endeavor.

Members of the Social Media Committee 2024



Marília Araújo De Vasconcelos Leite | Leeiner R. Munoz | Juliana Biundini

Follow us on social media.



Humanitarian Committee



The purpose of the Humanitarian Committee is to support vulnerable people, refugees, homeless people, victims of violence and natural disasters to help them to embrace life and to show them the path to self-acceptance and connection between body and mind by offering brief sessions that create sense of belonging and grounding.

The goal of the Humanitarian Committee will focus on offering emotional support (not psychotherapy sessions).

The Humanitarian Committee will work on a concept of emotional support for refugees based during the next couple of months. The idea is to create a course working out this subject under the umbrella of Bioenergetic Analysis. This course will be available to all affiliated societies and/or active members and trainees of the IIBA.

Do you have any
comments, experience or
suggestions?

Please get in contact with our newly created Humanitarian Committee. The Humanitarian Committee is open to welcome more volunteers!

Members of the Humanitarian Committee 2024



Jayme Panerai (Chair) | Manuela Tremante | Paola Alessio

Election Committee



The Election Committee reviews the information provided by the nominees to make

sure the candidates meet the requirements of office. They ensure that there is a candidate for each available position and sends relevant biographical information, together with the list of nominees.

Next elections

are scheduled for

November 2025.

Read our [By-laws](#) or get in contact with us in order to find out your right to vote and to be voted.

Members of the Election Committee 2025



Guilherme Bonfím Pacheco (Chair) | Svetlana Dinaburg | Linda Hines

(This year, the Election Committee will not be active, as there are no elections for the Board of Trustees scheduled.)

Conference Committees



Our IIBA International Conferences are held in rotating continents (Europe, North America & Latin America) on a biennial basis.

The scope of our IIBA International Conferences focuses on Bioenergetic Analysis: The conferences help set the directions for the

future development of Bioenergetic Analysis, and you need to be part of that process!

We offer insightful

- keynote presentations,
- interactive workshops,
- networking opportunities,
- members-only meetings,
- exiting party and reception to cap off the days,
- pre-conference sessions to take your knowledge to the next level,
- and much more ...

What we really want to emphasise is that our conference is the ideal places for reconnecting with the members of the IIBA and with all the friends and colleagues.

Logistics Committee 2025



Ann Coleman (Co-Chair) | Kate Dent Rennie (Co-Chair) | James Elniski | Angela Funari | Juliana Biundini
| Leslie Ann Costello | Leeiner Munoz | Janet Pinneau (liaison BoT)

Scientific Committee 2025



Scott Baum (Chair) | Alessandro Cataldi | Fina Pla | Yael Harel | Diana Guest | Paola Alessio | Guilherme Bomfim Pacheco

Introducing our support team and other key roles

Acting Treasurer

The Acting Treasurer is a key role (volunteer position), responsible for overseeing the IIBA financial health, managing budgets, and ensuring accurate financial reporting.

Their expertise is crucial in maintaining fiscal stability and supporting strategic decision-making.

Acting Treasurer 2024



Herbert Conze

Back-Office

While Nina Schubert is your members service representative, Claude Thovex is your man when it comes to the IIBA website.

Back-Office 2024



Nina Schubert | Claude Thovex

KNOWLEDGE LIBRARY & EVENTS

MyIIBA

In **MyJJBA**, you will find information about ...

- the IIBA structure and functioning.
- guidelines, policies, curriculums, plans, requirements, instructions, etc.
- minutes about the latest meetings of our leadership.
- finances like closing balances and budgets (now included in the minutes).
- Membership Directory | Map View | List.

- Information and contact details about all IIBA Coordinating Trainers and/or International Faculty Members.



IIBA Publications

IIBA Clinical Journal

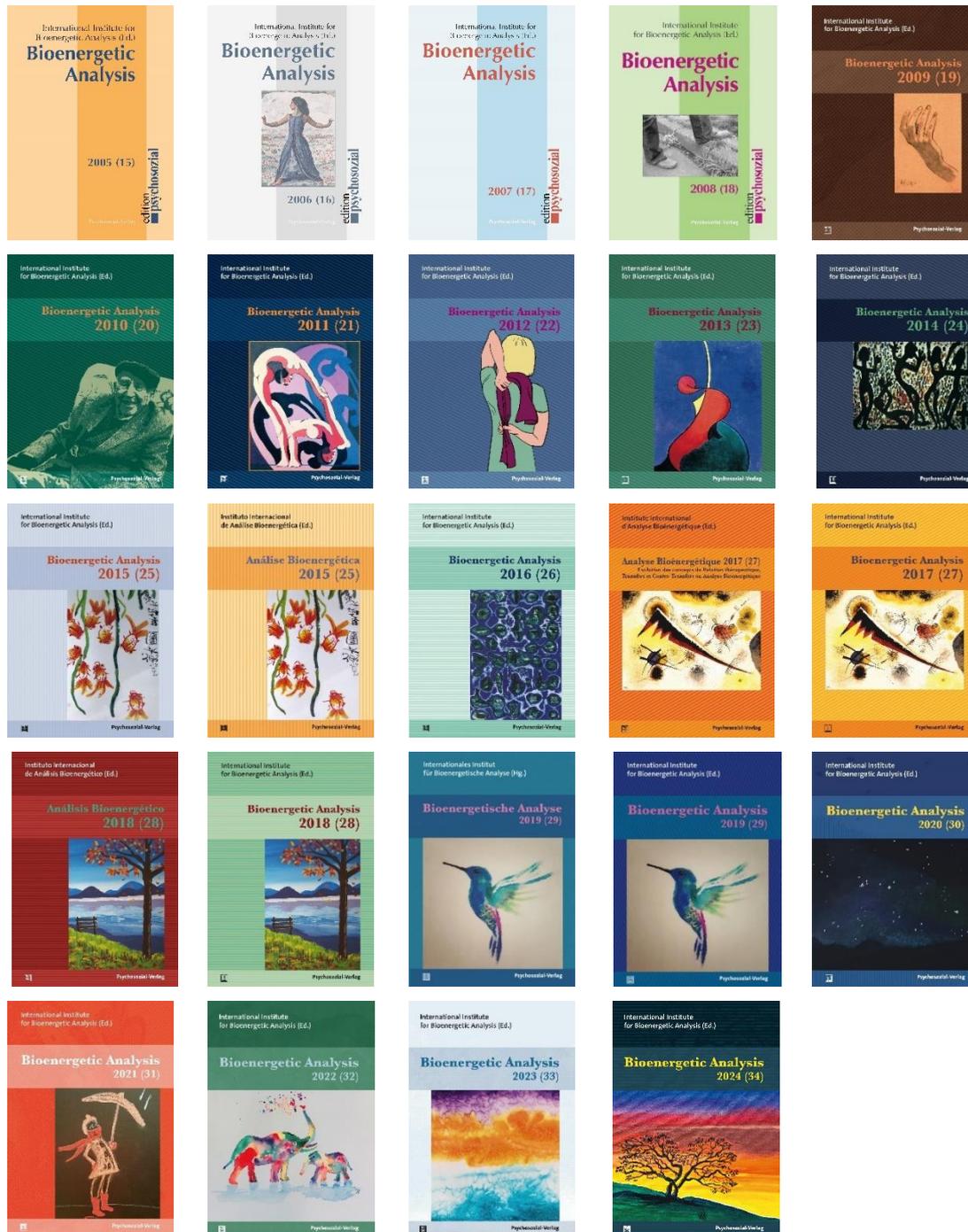
The Clinical journal of the International Institute for Bioenergetic Analysis is published annually. Its purpose is to further elaborate theoretical and scientific concepts and to make links to enhance communication and broaden our connection with other schools of therapy, as well as with academic psychology, medicine, and other psychosomatic schools of thought.

Our e-library allows us to spread the knowledge of Bioenergetic Analysis throughout the world and all its articles can be integrated into professional and scientific databases (through DOI”).

Everybody can now enjoy our e-library free of charge anytime, anywhere, from any PC or online device.



All Clinical Journals (since 2005)



IIBA Handbook



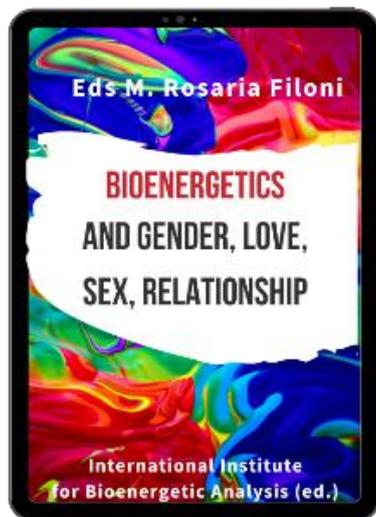
The Handbook Bioenergetic Analysis by Vita Heinrich Clauer is available in

- English ([printed](#) | [e-book](#)),
- German ([printed](#) | [e-book](#)),
- French,
- Portuguese ([Part I](#), [Part II](#)),
- [Italian](#), and
- [Russian](#).

E-books

[Bioenergetics and Gender, Love, Sex, Relationship](#)

Learn more about how Bioenergetic Analysis looks at the themes of gender, relationship, sexuality and love.

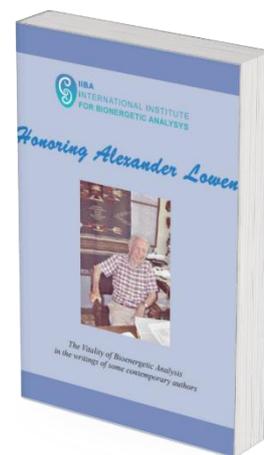


Available in [English](#), [Spanish](#), [Portuguese](#), [Italian](#) & [German](#).

[Honoring Alexander Lowen](#)

Alexander Lowen still lives strongly in our memories. Leslie Case said in the memorial

event 2009: "Alexander Lowen gave us so much. He lived life on his own terms, he was a simple man, he was a giant in the field of mental health, a mentor and colleague ... He was furious, he was kind, he was radical in his theories, he was conservative in his habits, he was a mortal man, he was someone who's contributions will live after him."



We want to share with you some articles, summarized in the eBook Honoring Alexander Lowen, that furthered Lowen's pioneering work in the field of body psychotherapy and many of the speeches of the memorial

Celebrating Alexander Lowen from April 3-4, 2009 (New York, USA).

PDW Papers about shame

Enhance your library on shame.



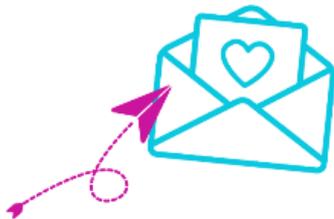
The Bioenergetic Therapists who presented their work in the PDW, in October 2018, Salvador – Bahia (Brazil), left us a valuable production of theoretical reflections and practical approaches to our clinic on the subject of shame.

Available in English & Portuguese.

Newsletter

You are subscribed to the International Newsletter.

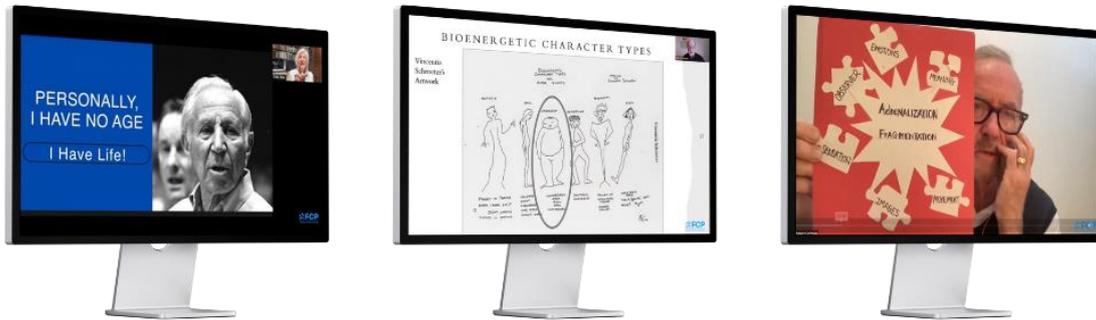
If you want to read our Newsletter from the past, please visit our Newsletter section.



Read here our latest
[Newsletter ...](#)



Webinars



The Teaching Committee has organized two series of webinars in recent years, each designed to cater to different levels of expertise in Bioenergetic Analysis.

[Series 1: Foundational Concepts \(2022\)](#)

The first series covers foundational topics, including the history of bioenergetic analysis, our unique therapeutic approach, and an exploration of the five character structures based on Lowen's

work. This series also incorporates recent developments in neuroscience to provide a comprehensive understanding of the basics.

<p>Webinar 1 Bioenergetic Basis: History and evolution of Bioenergetic Analysis by Guy Tonella</p>  <p>EN FR ES PT IT RU</p>	<p>Webinar 2 Schizoid Structure: An Existential Struggle for the Right to Exist by Louise Fréchette</p>  <p>EN FR ES PT IT RU</p>	<p>Webinar 3 Oral Character: Understanding and Treating the Abandoned Child by Vincentia Schroeter</p>  <p>EN FR ES PT IT RU</p>
<p>Webinar 4 Masochistic Character: Struggling to become oneself by Garry Cockburn</p>  <p>EN FR ES PT IT DE RU</p>	<p>Webinar 5 Psychopathic Structure: Who accepts you for just being by Thomas Heinrich</p>  <p>EN FR ES PT IT DE RU</p>	<p>Webinar 6 Rigid Character: Description of Phallic to Hysterical Character by Liane Zink</p>  <p>EN FR ES PT IT DE RU</p>

Series 2: Advanced Insights (2023-2024)

The second series delves into advanced topics, offering in-depth knowledge and sophisticated insights into therapy and Bioenergetic Analysis.

This series is ideal for those looking to deepen their expertise and apply advanced concepts in their practice.

<p>Webinar 1 Narcissism: The Drive for Recognition and Self-esteem by Scott Baum</p>  <p>EN FR ES PT IT DE RU</p>	<p>Webinar 2 Shock, Trauma, and Contemporary Bioenergetic Analysis by Robert Coffman</p>  <p>EN FR ES PT IT DE RU</p>	<p>Webinar 3 Somatic Resonance by Vita Heinrich-Clauer</p>  <p>EN FR ES PT IT DE RU</p>
<p>Webinar 4 Aggression as a Life Force and Grounding as a Life Stabilizer by Angela Klopstech</p>  <p>EN FR ES PT IT DE RU</p>	<p>Webinar 5 Working with Resistances in Bioenergetic Analysis by Odila Weigand</p>  <p>EN FR ES PT IT DE RU</p>	<p>Webinar 6 Couple Therapy in Bioenergetic Analysis by Gareth Bedrosian</p>  <p>EN FR ES PT IT DE RU</p>



All webinars are recorded and available with simultaneous translation services in several languages, ensuring accessibility for a diverse audience.

Events

27th IIBA International Conference



External keynote speakers confirmed:



Internal keynote speakers confirmed:



We are thrilled to announce the upcoming 27th IIBA International Conference, scheduled to take place from Wednesday, **October 8 to Sunday, October 12, 2025.**

Theme:

***The Uniqueness of
Bioenergetic Analysis***
*Synthesizing Psychoanalytic and
Contemporary Perspectives in the Embodied
Practice.*

Conference Dates:

- ♥ | Wednesday, Oct 8, 2025: Pre-Conference Workshops & Opening Ceremony
- ♥ | Thursday, Oct 9, 2025: Conference Day 1
- ♥ | Friday, Oct 10, 2025: Conference Day 2
- ♥ | Saturday, Oct 11, 2025: Conference Day 3 & Gala Dinner
- ♥ | Sunday, Oct 12, 2025: Conference Day 4 & Membership Meeting

Location: Grand Hyatt Atlanta Hotel

Read [more here ...](#)

Professional Development Workshop (PDW)

The IIBA Professional Development Workshop (PDW) rotates continents in the same manner as the International IIBA Conference. The PDW is held on the years opposite the International IIBA Conference.



There are 3 tracks accommodating all participants from advanced trainees to experienced therapists and trainers.

1 is for newly graduated CBTs and those preparing for graduation. The focus will be to examine your own issues related to the theme and explore the impact on your work as you develop new and creative ways to work with these issues. Supervision of your work with clients is also an option.

2 is for CBTs with four or more years post-certification. The issues explored in this track could come out of supervision sessions done in the group, or content brought in by presenters or the leader(s) of the group. Included in this will be careful attention to the management of transference processes and the nature and effect of counter transference on the therapeutic process.

3 is for Supervisors, Local Faculty and International Faculty applicants, who are interested in experiential learning about supervising and teaching this theme. The workshop will be a process group with a focus on supervision and counter-transference issues in bioenergetics, related to the theme of the workshop. You will explore how to teach the theme, ie creating introductory material, developing relevant experiential exercises and working with transference and counter-transference.

The program includes large group sessions presented by the staff of the workshop or from faculty applicant participants. In the small groups, topics will be processed through personal experience and exercises.

The PDW is a great occasion for all participants to practice and to learn more as they are supervised in their clinical work, to share with colleagues from many different places, to attend theoretical presentations (or present if required), and to be supported and helped in

their professional development in a safe, secure and empathetic atmosphere.

Watch our [slideshow](#) of picture from the PDW 2024.



Other events



Looking to get involved and/or getting to know our events organized by the IIBA and/or by our affiliated societies? [Browse the calendar and find events.](#)

Are you going to give a workshop, a exercise class or ...? Please get in contact with us in order to put it on our website and/or to promote it through our social media channels.



You can find more articles, information, publications, videos at our website. Go to <https://bioenergetic-therapy.com> and look through Resources.

BIOENERGETIC ANALYSIS

*is an adventure
in self-discovery*



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The IIBA is organizational member of

