
IIBA AWARDS 2019

SOCIAL CATEGORY



Creation of a new social service in Bioenergetic Analysis therapy with low rates for economically disadvantaged patients

The IMAB social service project aims to open access to psychotherapy through Bioenergetic Analysis to individuals with limited financial resources. The project will mainly serve individuals (adults, young adults and adolescents), but also groups as a complement of the one-to-one sessions. The activity is mainly intended to be carried out at the IMAB headquarters in Madrid, though it might be extended to other locations in keeping with the same principles. The therapists will be new graduate students or last year students trained at the IMAB, all of them under due supervision.

This project is born from the desire to serve through psychotherapy not only the society in general, but specifically individuals in need of help and lacking economic resources for that purpose. It will be of assistance to the therapists, since it offers them the possibility to put to test their B.A. acquired knowledge and skills, and to work with patients (in many cases for the first time) with simpler conditions, which could help them with the certification process.

This project can be undertaken thanks to the support provided by the IMAB, that offers its headquarters space and group supervision under privileged conditions. The project is inspired in previous projects developed in different countries by B.A. societies, especially in Brazil and Argentina.

Ana Alonso Martín Loeches, Nuria Castaño Gutiérrez, Inmaculada Díaz Pérez, María Fresno, Ainoa Martín Sánchez, Mikel Pagola, Blanca Peral Cabrera



centro
bioenergética
madrid

IIBA AWARDS 2019

SOCIAL WORK

Creation of a new social service in Bioenergetic Analysis therapy with low rates for economically disadvantaged patients. The service will be organized and provided by IMAB (Madrid Institute for Bioenergetic Analysis) new graduates and final year students.

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PREFACE

This project is at its very first stage and because of that could be considered more suitable for a grant than an award but as it's addressed to trainees and new graduated, we decide to share it humbly to be active part of the IIBA initiatives. Thanks in advance for the interest and the attention.

Abstract

The IMAB social service project aims to open access to psychotherapy through Bioenergetic Analysis to individuals with limited financial resources. The project will mainly serve individuals (adults, young adults and adolescents), but also groups as a complement of the one-to-one sessions. The activity is mainly intended to be carried out at the IMAB headquarters in Madrid, though it might be extended to other locations in keeping with the same principles. The therapists will be new graduate students or last year students trained at the IMAB, all of them under due supervision.