

BOT MEETING

JANUARY 5, 2024 (ZOOM)

MINUTES



Participants:

| | | | | | |
|---|------------------------------|----|---|--------------------------|----|
| 1 | Léia Maria De Mora Cardenuto | LC | 2 | Janet Pinneau | JP |
| 3 | Vita Heinrich-Clauer | VH | 4 | Ana Lúcia Faria | AL |
| 5 | Anat Gihon* | AG | 6 | Alexandre Franco Barreto | AF |
| 7 | Jim Elniski | JE | 8 | Patrizia Moselli | PM |
| 9 | Yael Harel* | YH | | | |

Excused: Paola Alessio, Manuela Tremante | * Partial participation
Nina Schubert (NS) (Scribe)

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The BoT members assign the roles as following:

- LC as Chair,
- JP as Stacker,
- LC as Tracker,
- YH as Timer.

1 Approval of the Newsletter

NS sent the final draft of the Newsletter 01/2024 to the BoT members. The Newsletter is discussed and the BoT members endorsed or strongly agreed on

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1. *“Civil Discussion” will be moved after the PDW announcement. In order to give this section a structure (umbrella) there will be an introduction: We've received letters expressing both support and protest regarding the mailing "Our hearts go out to our IIBA Israeli members" in October 2024. Two groups have specifically requested their protest letters be published in this newsletter. We value diverse perspectives and aim to facilitate constructive dialogue.”*
 2. *The Financial Support for Presenters 2024 will be published, with the final criteria and procedure to be determined in the BoT meeting in March 2024. A note will be included in the article to indicate that the process is underway.*
 3. *A note of appreciation will be included in the newsletter, acknowledging the efforts of the leaving Editorial Team.*
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Enhancements suggested during the Newsletter approval process: Seek input from societies regarding minority groups; inquire about their experiences, policies and future plans.

2 Scholarships

As previously discussed in October 2023, there's an urgency to launch the scholarship program.

AG has taken the initiative as Chair of the new Scholarship Committee, with no additional assistance offered thus far. (Members from the International Faculty have been contacted.) AG is going to request support from the directors and presidents during the upcoming meeting on January 26 to assemble a committee for developing the scholarship program. That committee might also be the one who will take care of the applications in the future.

It has been emphasized and acknowledged that the Scholarship Committee must be diverse, incorporating representatives from all IIBA regions.

Separately, VH has reached out to a potential scholarship program candidate to evaluate application questions. VH shared the response with all BoT members to gain insights into potential challenges and to provide a sample. This information was confidential and intended solely for testing purposes.

3 Directors and presidents meeting

An invitation was sent on November 30, 2023: <https://gem.godaddy.com/p/32a6d31>.

During the week of January 8, NS will circulate a reminder along with the meeting agenda, which will include:

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| 1 | Welcome | <ul style="list-style-type: none"> ... by LC and JA, featuring a brief 5-minute breathing session designed to foster connection among virtual participants. JA is considering incorporating a video or slideshow to complement the breathing exercise. |
| 2 | Participant introductions via an elevator speech format (1 minute each) | <ul style="list-style-type: none"> Participant introductions via an elevator speech format (1 minute each), where everybody will state their name, society, and share a positive highlight or achievement from the past year in a single sentence. The reminder email will emphasize the invitation for the elevator speech, advising participants to be concise due to our time constraints. LC and JA will underscore the significance of mutual support, urging participants to foster connections and aid each other beyond just the meeting context. |
| 3 | Research | <ul style="list-style-type: none"> AF will present and explain the Evidence Map followed by a Q&A session if needed. AF will refer to the new Call for Research projects and productions. Societies will be queried about their local research activities and initiatives. |
| 4 | Call for volunteers | <ul style="list-style-type: none"> The BoT will seek assistance and proactive support from the presidents and directors to recruit additional volunteers for vacant positions within committees (Newsletter Committee, Social Media Committee, Editorial Team, etc.) |
| 5 | Time for Q&A | <ul style="list-style-type: none"> Giving time to the directors and presidents. |

4 Editorial Team

The Editorial Team has concluded the term of the current committee member. LC will extend a letter of gratitude to Maê Nascimento and Vincentia Schroeter, while NS will include a note of appreciation in the January 2024 Newsletter.

- The formation of the new Editorial Team, representing all IIBA regions, has been previously emphasized.
 - VH has initiated contact with a prospective member from Switzerland.
 - PM highlighted a candidate from her society, emphasizing their extensive experience in publishing books, particularly the Clinical Journal.
 - YH has expressed a desire to join the Editorial Team.
 - JA intends to reach out to a member within her local society (based on the recommendation from Vincentia Schroeter) and also engage with all Nanziba members.

- While specifics remain unexplored, the representatives to the BoT from Latin America are expected to engage in recruitment efforts.
- LC will dispatch official invitation letters to the identified members.
- A call for volunteers regarding participation in the Editorial Team will be made during the presidents and directors meeting on January 26.
- A brief deliberation on chair selection concluded that committee member identification is paramount. Once the committee is formed, the chair selection process can start. The BoT may consider the potential for a rotating or shared chair role.

5 EABP Congress 2023

VH and PM attended the 18th International Congress of EABP in Sofia from September 7-10, 2023. Both were invited to give a short talk on a panel and participate in the discussion (on the topic "Body, Identity and the development of the Body Psychotherapy - conceptual discussion"). The other panellists were Frank Rohricht, George Downing, Gill Westland, Christiane Lewin. Both were conducting workshops in addition. The EABP conference had more than 600 participants.

Reflecting on her experience, VH found it immensely positive and identified numerous collaborative opportunities with EABP in research projects. She observed in various keynotes from other body-psychotherapy approaches that colleagues did apply bioenergetic interventions to their patients but were not naming Bioenergetic Analysis as such.

VH aims to address and enhance the IIBA's visibility within the EABP community in the BoT meeting in March 2024. PM highlighted her society's EABP membership and active involvement in the EABP Forum. They put efforts to improve representation and recognition.

6 Meeting tasks and action items

| # | Task Owner | Specific Task | Deadline |
|---|------------|--|---------------------|
| 1 | NS | Edit according to the decisions the newsletter and send it to the membership. | January 12, 2024 |
| 2 | AG | AG to lead the Scholarship Committee and seek support during the January 26 meeting to form the committee. | January 26, 2024 |
| 3 | ALL | Discuss and decide final criteria & procedure for Financial Support for Presenters. | BoT Meeting 03/2024 |
| 4 | ALL | Prepare and participate in the Presidents & Directors meeting. | January 26, 2024 |
| 5 | VH & ALL | Follow-up and brainstorming about how to enhance IIBA's visibility in the EABP community. | BoT Meeting 03/2024 |
| 6 | NS | Include a note of appreciation for the Editorial Team in the Newsletter | January 12, 2024 |
| 7 | ALL | Spread the word about building a new Editorial Team. | January 26, 2024 |
| 8 | LC | Send official invitation letters to potential candidates. | ASAP |