



IIBA
International Institute
for Bioenergetic Analysis



EDITO

Letter to the Membership

I am writing to you having recently returned from the 22nd IIBA international conference, held this year in Sicily. I had the pleasure to see many of you there. Those of you who missed this one, I hope you will make plans to join with the IIBA community at the next conference which will be in Brazil in October 2015. The international conferences are amazing events, filled with all kinds of experiences, professional, personal, educational, inspirational, and since the group comes from all the corners of the globe, truly multicultural.

This conference was for me, and for many of us who have known each other and the organization for a long time, infused and pervaded with grief. When I am asked how the conference went by friends and colleagues, I say it was very hard, but I suppose, hard in the best way possible. Our professional organizational work was hard, and very productive, I think. The personal process of being among people who knew my wife, Elaine, and me, and who were themselves touched by her death and the deaths of others close to us in this last year or two, was hard, but in the best way possible. We lived as we believe, stopping to cry, to hug, to grieve, whenever that was needed. We took our time, breathed, held each other physically, emotionally, individually and as a group. Quite extraordinary, really.

This conference was at the center of the last two years of consistent effort by the Board of Trustees to take the suggestions offered to us at the last conference in San Diego and implement them. We continue to coordinate those ideas and the principles and projects articulated in our strategic plan to support a creative and generative thrust in our organization.

I will be sending a letter out to you all with more specific information because we face a complicated and difficult organizational moment with which we need all members' help and understanding. We on the Board believe we have crafted a good and durable solution. But for it to work we need the support and participation of the membership. As part of the letter I will also share some of our accomplishments over these last years, as part of my report to you as I complete my term of President of the Board. A new Board with a new leadership will begin its term at the Board's annual meeting in the beginning of 2014.

It is enough to say here that our membership is growing; that we have money in the bank to fund projects; we have new local societies and new training groups in new places, and in established Societies; we are welcoming new International Faculty; our Journal is a professional publication we can all be proud of; and we continue to put on conferences that stimulate, even agitate us, to think, to feel, to grow.

It has been my great privilege to serve you as the President of the Board. It is a great gift to me that you have enabled me to use myself and be myself in this way. I look forward to our continued growth together, and to continued investment in an organization that brings pleasure, inspiration, and a sense of belonging to us all.



With my warm wishes,

Scott Baum,
Ph.D. ABPP, President IIBA Board of Trustees

NEWSLETTER



REPORTS

PDW



Diana Guest
Teaching Chair

The night before the PDW there was a gathering at Libertas Social Clinic in Recife of about 30 people to dialogue and exchange ideas and thoughts about Contemporary Bioenergetic Analysis. A panel made up of IIBA faculty, Alex Munroe, Violaine de Clerck, Maryse Doess and Diana Guest, started off the dialogue. It was interesting, very alive, people asked questions, the 4 trainers present talked about the evolution of BA, taking in theories such as *Attachment Theory*, *Object Relations Theory*, the *Relational Approach*, the "*clinical baby versus the analytical baby*" (Daniel Stern and others' observations of mother-infant pairs building up their relation), *Neuroscience*, and the fundamental concepts of BA as taught and transmitted by Alexander Lowen. The atmosphere was warm and welcoming. The people present were very interested and Jayme Panerai Alves and Grace Wanderlay were very gracious hosts.

The following day was the beginning of the PDW at a quiet retreat center just outside of Recife. The PDW was held on September 26-30, 2012 and it was the first PDW in Brazil and we had an outstanding attendance of 55. The theme was *Attachment and Sexuality*.

The participants were divided into 3 tracks (4 groups in this situation), track III by Diana Guest (advanced CBT, supervisors, local trainers, among whom several did presentations, workshops and teaching pieces, supervision, etc), track II was led by Violaine de Clerck (advanced CBTs), Track I by Alex and Maryse. We also had two applicants for faculty. Both did a teaching piece as well as a large group presentation. Grace Wanderlay is an applicant for IIBA faculty and Bill O'Donnell was an applicant for local faculty. Both gave outstanding presentations.

The feedback from the participants was that it was a big success and many were asking at the end of the 5 days when and where the next PDW will be. A special thanks to Jayme and Grace for their organizational role and for Miriam Mantau from the teaching committee in her role as coordinator and liaison. They did a terrific job.



NEWS

IAAB - Argentina



Pilar Llobregat

The Instituto Argentino de Análisis Bioenergético will host the **first Argentine Bioenergetic Analysis Conference: "Psyche-body therapy: A path towards the self integration"**. **September 27th, 28th of 2013** in Buenos Aires, Argentina. For information, please contact: www.psicocorporalidad.com.ar or write to info@psicocorporalidad.com.ar

IV Latin American Conference for Bioenergetic Analysis: "Trauma and Vitality: Bioenergetic Analysis' perspective within Latin America". **September 26th to 28th, 2014**. To be held in Buenos Aires, Argentina. Please contact: www.analisebioenergetica.com or www.bioenergetica.org.ar.

Bioenergetics at the Hospital

Our intention is to bring Bioenergetics into the Hospital, to be able to share the importance of being in contact with our bodies through breathing, grounding exercises, and among all, taking a pause in the middle of the work, or during medical treatment, to be in contact with ourselves and our whole being, that is, our body and our emotions.

We all know the importance and the power of breathing for increasing our sense of vitality, especially in a sick or stressed body.

At the same time, we will share small and simple routines for people to practice on a daily bases, making aware that in everybody, through breathing we can go deeper. The more we breathe, the better we feel and the more we find our inner self. Even when the physical body is sick.



Pilar Llobregat

Bioenergetic Analysis in Israel

The first person to bring Bioenergetic Analysis to Israel was Marianna Ingen-Houze (along with her student Maria Zvik) who from 1986 till 1991 met twice a year with a group of professionals, which later formed the first official training group. Other trainers that visited in those years were Scott Baum, David Campbell and June McDunach, Godly Meyer, Vivian Guze, and Phil Helfaer.

At the same time, two Israeli therapists finished their training in the U.S.A, returned to the country (Anat Gihon in 1987 and Yardi Kaldes in the early 90's) and started giving on-going therapy and introductory workshops.

In 1995 the first formal training group was established with Vivian Guze and Phil Helfaer as co-coordinating trainers and Marilyn Morrinos as the third Faculty member. That group graduated in 2001.

The second training group studied from 2002 until 2008. Phil Helfaer, who moved to Israel with his wife Velma, was the coordinating trainer of that group. The local trainers were Yardi Kaldes (who since then has become an IIBA faculty member) and Anat Gihon.

Today the Israeli society for Bioenergetic Analysis includes about 15 active members, who work as clinicians in different settings in the country.

Since 1990 Bioenergetic Analysis is being taught by a few of our members in various academic institutions in the country, mostly in programs for Movement Therapy and Body Oriented Psychotherapy.

Two of those institutions are very religious colleges, located in Jerusalem, where orthodox Jewish women study Movement Therapy. Teaching Bioenergetic Analysis to women for whom extra-marital touch is forbidden, who don't believe in evolution and for whom expression of anger is considered a sin, is quite a challenge, but a pleasurable one.

Anat Gihon added a pictures of her students in action.



SABNB

Regina Araujo

The Sociedade de Analise Bioenergetica is offering classes/courses for Postgraduate, they all, Lato sensu, include bioenergetic exercises.

Current: Specialization in Couple and Family Therapy; Specialization Team Management

Performed: Specialization in Management for Development and Social Organizations, Organizational Consulting Specialization

New Courses:

1. Specialization in Disaster Risk Management and Interventions Psychosomatic
2. National Training Course in Clinical Psychology approach with Bioenergetics (recognized by ABEP and CFP - Brazil)
3. Specialization in Clinical Psychology - focusing on Bioenergetics
4. International training course in Bioenergetics (CBT)
5. Training in Group Dynamics and Bioenergetics
6. Several programs of human and organizational development offered to businesses and other organizations include exercises Bioenergetics: lectures, seminars, trainings
7. Psychotherapeutic support (child, adolescent and adult), available in Clinical Social Libertas Average of 20 psychotherapists. Motion Group (with exercises Bioenergetics Analysis). The clinic is opened full time
8. Inclusion of Bioenergetics in training programs TRE - Tension & Trauma Releasing
9. Exercises work with communities, schools and other institutions: institutional diagnosis, integration, dissolution of conflicts, training and team development, leadership.



Retirement

Pilar Llobregat

Dear Bioenergetic Community Members,

Our beloved International Trainer Eleanor Greenlee has retired. She has enriched many people's lives through her devotion and commitment to Bioenergetic Analysis. If you would like to express your appreciation to Eleanor for whatever she has meant to you, please write her a letter and send the letter by regular postal service. She no longer uses email: therefore, do not send your message by email. Send a regular letter through the mail to Eleanor at the following address:

Eleanor Greenlee, 273 San Antonio Way, Walnut Creek, CA 94598



INVITATIONS

Summer Workshops



Bob Lewis

These small work/playshops (for four to six people) take place at a magnificent seaside setting - 1.5 hours from the two New York airports and two hours from Manhattan.

Each participant receives an individual session each day. For five days a healing synergy occurs when we leave the environment that most of us have engineered to support our dysfunctional selves. That synergy is fed as one becomes a member of a group that bears witness to and shares each other's struggle. This safe and nurturing environment is a healing place for imbedded trauma.

In addition to the option of scheduling other (5-day) workshop dates, we can also, on request, offer smaller/ more intensive seminars for maximum three people, Friday-Sunday.

The current schedule for 2013 is as follows (dates are subject to change):

- **August 1-5, 2013**
- **August 22-26, 2013**

For more information or to reserve a spot, email docboblewis@gmail.com.

Additional dates can be arranged for four or more participants.

See below for photos of this spectacular location





Where Heart and Body Meet Mind



Judy Silvan



My colleague and I are offering a 4-Day Bioenergetic and Embodied-Mindfulness Retreat this coming **August 8, 9, 10 and 11th** outside of San Miguel de Allende, Mexico. The Workshop will have a general theme each day (see details by clicking the bottom link for a flyer), and will give participants a solid experience in grounding and self-exploration in the context of a safe group with experienced leadership.

The area is beautiful, the Spa and Retreat Center an amazing gem of post-colonial Mexican history. The Hacienda Las Trancas has been updated for ultimate comfort, fresh gourmet organic meals, on-site (reasonably priced by American standards) Health Spa, Optional horseback riding and trips to nearby sites and cities. All of this is included in the cost of the retreat, or you can opt to stay elsewhere and enjoy the Retreat, Spa and meals with us during the day.

http://www.haciendalatrancas.com/Hacienda_Las_Trancas/Experience.html

Please click on the below link for this event; post it on your favorite list-serves and on your FB page. We are getting the word out, and have spaces available now. Flights to Leon, Mexico, are much more reasonably priced in summer season than at other times during the year. Consider giving yourself the treat of a slow-paced journey towards connecting your heart with your body and overly-busy mind, this coming August. The experience promises to slow us all down and help consolidate feelings into a sense of more internal awareness, peace and emotional grounding.

<http://judysilvan-b-at-peace.com/where-heart-and-body-meet-bioenergetic/m>



Workshop with Olaf Trapp in Crete - Greece



Olaf Trapp

Bioenergetic Analysis
5 day self experiential workshop
in Crete, Greece

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Olaf Trapp –
Certified Bioenergetic Therapist (CBT)

23rd - 27th September 2013 – Arrival 22nd at 7 pm for dinner, departure 28th after breakfast

Location: Seminar-Center MetaCom, Anidri, Paleochora www.meta-com.de

Working times: 9.30 am - 1 pm and 4.30 pm - 7.30 pm

Price: 890,00 € incl. 6 nights in a double room, breakfast and dinner

Language: English and German

Olaf Trapp – Certified Bioenergetic Therapist (CBT) – Psychopraxis Balance

President of the European Federation for Bioenergetic Analysis (EFBA-P), trained by the North German Institute for B. A. (NIBA) 1994-98, training analyst since 2007, NIBA board member since 2008, certified TRE (Trauma Release Exercises) training with David Berceci, Massage therapist, authorized teacher for Jin Shin Do - Acupressure since 1994, 30 years experience in bodywork, working in private practice with an emphasis on early disorders and psychosomatics.

For information: olaf_trapp@gmx.de or www.psychopraxis-balance.de



NANZIBA Fall Conference 2013



Laurie Ure

It was great to see many of you at the IIBA Conference in Italy! Following a successful and well-attended conference in October 2012, the planning committee announces a NANZIBA conference this year focused on process groups for both clients and Bioenergetic Therapists, along with workshops based on the theme.

Embodying hope: Embracing change

November 14th to 17th, 2013 – Essex Conference Center, Essex, Massachusetts.

Bioenergetic process groups – Workshops – Rustic retreat center – Good food and great company!

Find more information at: www.nanziba.com.



2014 Southern California Bioenergetic Conference



Jacqueline Mills

Please join us at the Southern California Bioenergetic Conference to be held in Lake Arrowhead, California, **February 27th through March 2, 2014**. The theme is *Risking Love and Pleasure*. The **2014 Southern California Bioenergetic Conference** is a communal, inspirational, educational, and experiential weekend designed to encourage reflection on our personal experience of risking love and pleasure. We hope that you will be interested in creating a workshop or facilitating a process group related to this theme. Please note that you must be a registered attendee of the conference in order to present a workshop.

When we risk, we open ourselves to the possibility that something unpleasant might occur. When we love, we experience a great and sometimes intense affection, interest or attachment. When we experience pleasure, we enjoy a feeling of satisfaction or fulfillment. Risking love and pleasure offers an opening to the most vulnerable of our emotional experiences while providing the opportunity for the most fulfilling of human experiences. At the same time it creates a threat of uncertainty filled with potential peril and a probability of loss. Should we never risk in order to keep ourselves safe? Such are the human dilemmas that we hope to explore in our keynote addresses, workshops and process groups. We would love it if you would join us either as a participant, a workshop leader or a process group leader.

If you are interested, please contact Priscilla Grossman at priscillaalive@cox.net (619) 212-6633, or Jackie Mills at onejem@mac.com (310) 293-0789. We have detailed instructions we can send to you for registering for the conference or for leading a workshop or process group. We hope to see you in the beautiful, quaint and intimate setting of Lake Arrowhead in 2014!





INVITATIONS

(Continued)

ACAB



Fina Pla

The ACAB (Associació Catalana d'Anàlisi Bioenergètica) has started a new training group in Barcelona (Spain) with Heiner Steckel as the coordinating trainer and Jean Marc Guillaume as the co-coordinator. During the first year new members are still admitted. For more information send email to acabbio@hotmail.com or go to www.acabbio.com.

CONGRATULATIONS TO THE NEWEST KNOWN CBTS

From the *Institut d'analyse bioénergétique France sud*:
Monique Jocelyne Guignard

From Creancey, France

Françoise Puvis-Allen



From the **Atlantic Canada society for Bioenergetic Analysis**:
Jessie DeBaie



REMEMBRANCE

Remembering Dr. Frank Hladky

It has been a year since Dr. Frank Hladky's passing away. Dr. Hladky collaborated with Dr. Lowen for over 25 years, leading workshops in New York City and Pawling, NY with the IIBA. He also led training workshops for other Bioenergetic Societies in the United States, Canada, Europe and South America.

I would like to share with all members of the IIBA a short video clip I made as a tribute to Dr. Hladky. It is a simple example of his wisdom, his love of nature and a reminder of living one's aliveness. www.riolibravisions.com

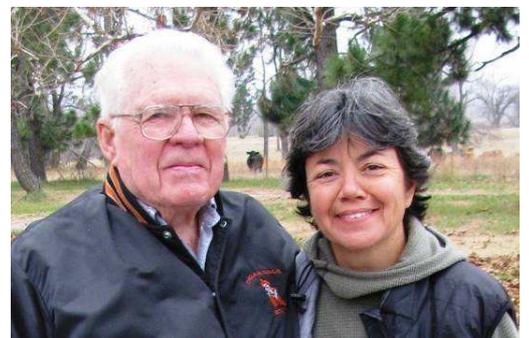
I have had the privilege of documenting Dr. Frank Hladky's work for several years and I have produced a short video clip to honor Dr. Hladky in this first year since his death.

Please, find attached a word document with my short text and youtube link to this tribute to Dr. Hladky.

<http://www.youtube.com/watch?v=Cym4EekoTPI&feature=youtu.be>



Isabel Carvalhal





EDITORIAL CONCLUSION

Hello My Fellow IIBA Community Members!

I hope you've enjoyed this edition of our Newsletter! The news was not exactly pouring in these last 15 months so publishing our Newsletter was sadly delayed. It is with pleasure and relief that I share this edition with you. I have included some of the many photos I took at our International Conference held recently near Palermo, Italy! My Conference experience was enriching, exciting, nourishing, saddening, elating, armor-softening, organismically stimulating and tiring! Body, mind and spirit had plenty of opportunities to expand and engage with other vital members of our global community! There were the energetic exchanges in the keynote presentations and subsequent panel discussions, the many workshops, the morning bioenergetic exercise groups, the gathering at meals, the collecting in the large lobby between events, the times taken to pay honor to and grieve our personal and collective losses in the deaths of David Campbell, Frank Hladky, June McDonach, Elaine Tuccillo and others in our communities around the world and lots of spontaneous exchanges, too! I am pleased and appreciative to have been a part of this convocation of our bi-annual International Bioenergetic Conference. I invite you to keep sending your Institute/Society Workshop news to IBANEWS@GMAIL.COM ! I also invite each of you to consider attending the next IIBA Conference to be held in October, 2015 at Rio de Janeiro, Brazil!

In Vitality,

Michael Brennan, CBA/CBT
Editor

