EHABE Euskal Herriko Analisi Bioenergetikoko Elkartea Asociación de Análisis Bioenergético del Pais Vasco



International Institute for Bioenergetic Analysis (IIBA) elkarteko bazkide Afiliada al International Institute for Bioenergetic Analysis (IIBA)

As you know we are a small community of Bioenergetic Analysts. We often talk about making more community with new projects that bring us together. Here we present a new project launched by EHABE (The Bioenergetic Association from the Basque Country) that we hope will motivate you.

From EHABE we want to try to organize a group to train supervisors. At the moment it is a project that is in its beginnings and little by little it will take shape. We are in contact with the international trainers of the IIBA Vita Heinrich-Clauer and Margit Koemeda, who have already given their approval to participate in something like this. In principle the intention would be to start at the end of this year. A total of 70 hours of training is planned, spread over four weekends of 18 hours each. Two seminars would be given by Vita and the other two by Margit. And it would be necessary to have a minimum of four years of experience as a CBT to be able to access the training.

Dates and prices will be finalized when we have a group of interested people. So, before we go on, we would like to check if there are people interested in this project.

Therefore, if you could be interested in joining this group and doing this training, please write to our association's email (secretaria@ehabe.org) before April 15.

We are sure that some of you have been CBTs for a few years now and you may want to train as supervisors and at the same time advance in your professional path, meet new colleagues, work with other international trainers...etc.

So we encourage you to do so and we hope that from here I leave a small group of people who build a space for personal growth.



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Psychologist, she is a bioenergetic analyst and member of the IIBA faculty. She works in research and teaching at the University of Osnabrück in diagnostic and developmental psychology. For twenty years she has been working in the field of training bioenergetic analysts, as a supervisor and author of several publications. She is in private practice in Osnabrück.



Doctor of Psychology, psychotherapist, supervisor, faculty member of the IIBA, and trainer in Switzerland since 2003. With workshops and participation in psychotherapy congresses and conferences in Switzerland, Austria, Belgium, Germany and at IIBA conferences. Author and editor of articles, journals and books on body psychotherapy, as well as participation in research on the effectiveness of body psychotherapy.